

Emergency Room Checklist

- Call 911 and then get someone to go through this list if you can't
- Phone your primary care doctor, day or night, and ask him/her to call the ER or meet you there
- Call the ER yourself if you can't reach your doctor right away
- Grab all of your medications and give them to the EMTs when they arrive
- Have someone call your insurance company
- When you get to the ER, focus on the main complaint or symptom and every symptom that has happened since its onset
- Tell the nurse about all of your medical conditions i.e. diabetes, high blood pressure
- Give the attending physician your health journal, copies of EKG, and the meds you gave to the EMT



When you don't know where to turn, turn to us – www.trantolo.net

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